

# PRESTON TAE KWON DO ACADEMY COMPETITION RULES 2019

WE WILL DO OUR BEST TO MATCH ALL COMPETITORS HOWEVER THIS IS DEPENDANT ON ENTRIES MADE. £15 (non refundable ) WILL ENTER YOU INTO BOTH SPARRING AND PATTERNS, IT IS WORTH HAVING A GO AT BOTH.

WE WELCOME EVERYONE TO TRY EVEN IF YOU HAVE NO SPARRING KIT, WE WILL PROVIDE SPARES.

CHILDREN UNDER 12 YOU WILL HAVE A 1 MINUTE ROUND, IN THE EVENT OF A DRAW IT WILL GO TO GOLDEN POINT, 1st PERSON TO SCORE WINS. ALL UMPIRES MUST BE IN AGREEMENT. NO DIRECT CONTACT TO FACE FOR ALL 7s AND UNDER.

ALL 12 YEARS PLUS WILL HAVE A 1:30 MINUTE ROUND SAME RULES AS ABOVE IN THE EVENT OF A DRAW.

CHEIF REFEREE DECISION IS FINAL, ANY PROBLEMS PLEASE DIRECT TO MA'AM

## RULES

1 POINT FOR PUNCH

2 POINTS FOR BODY KICK ABOVE WAIST

3 POINTS FOR HEAD KICK

UMPIRES WILL HAVE CLICKERS AND IT WILL NOT BE EVIDENT WHAT SCORES ARE JUST WHO WON THAT MATCH, THEY CAN ONLY SCORE WHAT THEY SEE!!

## WARNINGS FOR FOLLOWING

2 WARNINGS GIVEN FOR FOLLOWING 3RD WARNING WITH POINT DEDUCTION - AND POSSIBLE DISQUALIFICATION

FALLING OVER

AGGRESSIVE CONTACT

MOVING OUT OF RING

LOW KICKS

PUSHING AND GRABBING HOLD, TURNING BACK

PASSIVITY

AS BEST AS WE CAN THERE WILL BE A MINIMUM OF 3 UMPIRES PER RING WITH A CENTRAL REFEREE FOR SPARRING

## PATTERNS

WHITES - EITHER 4 D PUNCH OR CHONGJI

YELLOWS - CHONGJI OR DAN GUN

GREENS - DO SAN OR WON HYO

BLUES - YUL GOK OR JUN GUN

REDS- TOI GYE OR HWA WRANG

1ST DANS - CHUNG MOO OR POE EUN

2ND DANS - ANY BLACK BELT PATTERN OR YOUR GRADE

FLAG OR HAND WILL INDICATE WINNER RED/BLUE AND GO THROUGH TO NEXT ROUND, IF IN THE EVENT OF A TIE BREAK ANOTHER PATTERN WILL BE CHOSEN BY MAIN REFEREE

BOYS MUST WEAR GROIN GUARD AND ALL SHOULD HAVE FULL KIT INCLUDING GUM SHIELD  
FULL DOBBOK AND BELTS

Please fill in the form below to enter

NAME .....

Age.....Grade.....

Height in cm .....weight in kg .....

If under 18 parents signature ..... Tel:

WITH OUT A COMPLETED AND SIGNED FORM YOU WILL NOT BE ENTERED, EVEN IF YOU HAVE PAID.